

Zinus OLB-BNSM-6T Twin Foam and Spring Mattress

QUICK BUYER GUIDE



Ideal for stomach sleepers and those needing firm support with a medium firmness level

At a Glance Specs



DIMENSIONS

75" x 39" x 6" (Twin size)

WEIGHT

30.7 pounds for easy handling



WARRANTY

10-year worry-free warranty

WEIGHT LIMIT

250 lbs maximum capacity



CERTIFICATION

CertiPUR-US certified foams



FIRMNESS

Medium firmness for balanced support



MATERIAL

Poly Jacquard cover with foam layers



Who It Is For

- ✓ People with mobility challenges
- ✓ Stomach sleepers seeking support
- ✓ Those needing firm support for back alignment
- ✓ Adults requiring medium firmness



Who It Is Not For

- ✗ Back sleepers preferring softer feel
- ✗ Those needing extra cushioning
- ✗ Individuals with weight over 250 lbs



Trade Offs to Consider

- Less cushioning than memory foam
- Not as responsive as innerspring-only
- Limited weight capacity compared to some models



How It Compares

- Less cushioning than memory foam mattresses
- Not as responsive as innerspring-only models
- Limited weight capacity compared to some models



Choose This If...

- ✓ Need medium firmness for support
- ✓ Require durable, certified materials
- ✓ Value 10-year warranty coverage



Skip This If...

- ✗ Preferring softer mattress feel
- ✗ Need extra cushioning for pressure relief
- ✗ Overweight and require higher capacity



Learn More



Read our Review

[Zinus 6 Inch Foam and Spring Mattress: Medium Firm Support for Stomach Sleepers](#)



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dreammattress.novicelinks.com