

Sleep Innovations Shiloh Hybrid Mattress Full Size Cooling Gel Memory Foam

QUICK BUYER GUIDE



Ideal for adults needing medium support with cooling comfort and pressure relief



At a Glance Specs



SIZE

Full size mattress for one to two people



THICKNESS

12 inches for extra robust support



FIRMNESS

Medium firm for balanced pressure relief



MATERIALS

Gel memory foam and innerspring coils



WARRANTY

10-year warranty for durability



WEIGHT

67.6 pounds for full-size support



DIMENSIONS

75 x 53 x 12 inches for standard bed frame



CARE

Hand wash only for maintenance

Who It Is For

- ✓ Adults needing medium firm support
- ✓ People who sleep hot with cooling needs
- ✓ Back pain sufferers seeking pressure relief
- ✓ Those wanting edge support for stability
- ✓ Sleepers needing motion isolation
- ✓ Users prioritizing 10-year warranty

Who It Is Not For

- ✗ Individuals requiring ultra-firm support
- ✗ Light sleepers needing minimal motion
- ✗ Allergy sufferers with sensitive materials
- ✗ Those preferring innerspring-only mattresses
- ✗ Users needing eco-friendly certifications
- ✗ People wanting easy adjustability

Trade Offs to Consider

- Not ultra firm for heavy body weight
- Not fully eco-friendly certified
- Cooling cover may degrade over time
- Not ideal for frequent position changes
- Heavier than standard innerspring
- Requires careful hand washing

How It Compares

- Medium firm vs. ultra firm support options
- Cooling gel vs. traditional memory foam
- Hybrid design vs. innerspring-only
- 10-year warranty vs. shorter terms
- Full size vs. twin or queen
- Edge support vs. no reinforced edges



Choose This If...

- ✓ Need medium firm support for back alignment
- ✓ Seek cooling comfort for hot sleepers
- ✓ Prioritize pressure relief and motion isolation
- ✓ Value 10-year warranty for durability
- ✓ Require edge support for stability
- ✓ Need full-size mattress for standard bed



Skip This If...

- ✗ Require ultra-firm support for heavy weight
- ✗ Prefer innerspring-only mattress designs
- ✗ Have allergies to synthetic materials
- ✗ Need eco-friendly certifications
- ✗ Want easy adjustability features
- ✗ Seek minimal maintenance requirements



Learn More



Read our Review

[Sleep Innovations Shiloh Hybrid Mattress Review: Cooling Gel Foam, Innerspring Support, and Medium Firmness](#)



Watch our Video Review

[Sleep Innovations Shiloh Hybrid Mattress Review — Cooling, Support & Real-World Comfort](#)



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